



Peruvian Japanese Cuisine

## SUSHI MENU

## ALLERGENS INDEX

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1. WHEAT-GLUTEN. Wheat (such as spelt and Khorasen wheat/Kamut), rye barley and oats is often found in foods containing flour such as some types of baking powder, batter, bread crumbs, bread, cakes, pasta, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.

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2. CRUSTACEANS. Crab, lobster, prawns, and scampi are crustaceans, shrimp paste, often used in Thai and south-east Asian curries or salads, in an ingredient to look out for.

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3. EGGS. Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.

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4. FISH. You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.

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5. PEANUTS. Peanuts are actually a legume and grow underground, which is why its sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, deserts, sauces 9 such as satay sauce), as well as in groundnut oil and peanut flour.

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6. SOYA. Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice-cream, meat products, sauces and vegetarian products.

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7. MILK. Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and powdered soups and sauces. It's often split into casein in curds and BLG in whey.

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8. THREE NUTS. Not to be mistaken with peanuts 9 which are actually a legume & grow underground). This ingredient refers to nuts which grown on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries). Stir-fried dishes, ice-cream, marzipan (almond paste), nut oils and sauces.

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9. CELERY. This includes celery stalks, leaves, seeds and room called celeries. You can find celery in celery salt, salads, some meat products, soups and stock cubes.

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10. MUSTARD. Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressing, sauces and soups.

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11. SESAME. These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.

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12. SULPHUR DIOXIDE. This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetable as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

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13. LUPIN. Yes, lupin is a flower, but its also found in flour. Lupin flour seeds can be used in some types of bread, pastries and even pasta.

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14. MOLLUSCS. These include mussels, land snails, squid and whelks, bit can also be commonly found in oyster sauce or as an ingredient in fish stews.

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<b>NIGIRIS</b> 2 pieces <b>Shrimps nigiri</b>   ikura   yuzukosho gel <b>Νιγίρι γαρίδας</b>   αβγά σολομού   τζέλ yuzu-ανανά (1,2,3,4,6)	7.00
<b>Kabayaki eel nigiri</b> <b>Νιγίρι χέλι kabayaki</b> (1,4,6)	6.00
<b>Crab nigiri</b>   guacamole   tobiko orange   truffle ponzu <b>Νιγίρι καβούρι</b>   γουακαμόλε   πόνσου τρούφας (1,2,3,4,6,11)	9.00
<b>Tuna nigiri</b>   kizame wasabi <b>Νιγίρι τόνου</b>   κιζάμε wasabi S (1,4,10)	6.50
<b>Salmon nigiri</b>   ikura <b>Νιγίρι σολομού</b>   αβγά σολομού (1,3,4)	5.50
<b>Hamachi nigiri</b> <b>Νιγίρι ιαπωνικό μαγιάτικο</b> (1,4)	6.50
<b>3 pieces eel &amp; foie grass nigiri</b>   gastric sauce   sancho pepper   chives oil <b>Νιγίρι χέλι και φουα γκρά</b>   σάλτσα gastric   πιπέρι sancho   λάδι σχοινόηρασου (1,4,6,11)	16.00
<b>Inari nigiri</b>   kizame wasabi   sweet siracha <b>Νιγίρι μαριναρισμένο τόφου</b>   κιζάμε wasabi   σάλτσα γλυκό τσίλλι S,V (1,10,6,11)	5.00
<b>Avocado nigiri</b> <b>Νιγίρι αβοκάντο</b> V,S (1)	2.00
<b>Ebi nigiri</b> <b>Νιγίρι γαρίδα ebi</b> (1,2,3,6,10)	3.50

V = VEGETERIAN, S = SPICY

Prices are in euro (€) and include all taxes/ Οι τιμές είναι σε ευρώ (€) και περιλαμβάνουν όλους τους φόρους.

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**MAKI** 8 pieces**Shrimp tempura roll** | japanese mayo | gastric sauce | crispy sweet poatato 9.00**Roll με γαρίδα τεμπούρα** | ιαπωνική μαγιονέζα | σάλτσα gastric | τραγανή γλυκοπατάτα  
(1,2,3,6,11)**California roll** | tobiko orange | japanese mayo 13.00**California roll** | αβγά χελιδονόψαρου | ιαπωνική μαγιονέζα  
(1,2,3,4,6)**Spicy tuna roll** | spicy mayo 15.00**Spicy roll με τόνο** | spicy μαγιονέζα  
S (1,4,6,10,11)**Guacamole roll** | sesame | gastric sauce 8.50**Roll γουακαμόλε** | σουσάμι | σάλτσα gastric  
V (1,6,11)**Double shrimp roll** | kizame wasabi | gastric 13.00**Roll με διπλή γαρίδα** | κιζάμε wasabi | σάλτσα gastric  
(1,2,4,6,10,11)**Salmon roll** | avocado | sesame | 10.00**Roll με σολομό** | αβοκάντο | σουσάμι  
(1,4,6,11)**Seabass roll** | jalapenos | sweet siracha 12.00**Roll λαυράκι** | πιπεριές χαλαπένιο | σάλτσα γλυκού τσίλλι  
S (1,4,6,10,11)**Mango roll** | tempura prawn | shrimp paste 11.00**Roll μάνγκο** | γαρίδα τεμπούρα | πάστα γαριδάς  
(1,2,3,4,6,10,11,14)**Dragon roll** | kabayaki eel | dijon sauce | avocado 15.00**Dragon roll** | χέλι kabayaki | σάλτσα ντιζόν | αβοκάντο  
S (1,3,4,6,10,11)**Rainbow roll** | crab | spicy mayo 12.00**Rainbow roll** | καβούρι | spicy μαγιονέζα  
S (1,2,4,6)**Double tuna roll** | sweet siracha | crispy pankko 15.00**Roll με διπλό τόνο** | σάλτσα γλυκό τσίλλι | τραγανό πάνκο  
S (1,4,6)**Double salmon roll** | crispy sweet potato 14.00**Roll με διπλό σολομό** | τραγανή γλυκοπατάτα  
S (1,4,6,10)**Inari roll** | spinach | kizame wasabi 10.00**Roll με μαριναρισμένο τόφου** | σπανάκι | κιζάμε wasabi  
S, v (1,5,6,7,10,11)

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<b>HOSOMAKI</b> 6 pieces <b>Salmon hosomaki</b> <b>Hosomaki με σολομό</b> (1,4)	5.00
<b>Tuna hosomaki</b> <b>Hosomaki με τόνο</b> (1,4)	6.00
<b>Cucumber hosomaki</b> <b>Hosomaki με αγγούρι</b> V (1)	3.00
<b>Avocado hosomaki</b> <b>Hosomaki με αβοκάντο</b> V (1)	3.00
<b>SUSHI PLATTERS</b>	
<b>Maki platter</b> 4pcs california   4pcs double tuna   4pcs guacamole   4pcs shrimp tempura   3pcs cucumber hosomaki   3pcs salmon hosomaki <b>Πιατέλα roll</b> 4pcs california   4pcs double tuna   4pcs guacamole   4pcs γαρίδα τεμπούρα   3pcs hosomaki αγγούρι   3pcs hosomaki σολομός	24.00
<b>Mix platter</b> 4pcs dragon roll   4pcs salmon roll   3pcs avocado hosomaki   3pcs tuna hosomaki   2pcs kabayaki eel nigiri   2pcs inari nigiri   30gr tuna sashimi   30gr salmon sashimi <b>Πιατελα roll &amp; nigiri</b> 4pcs dragon roll   4pcs roll με σολομό   3pcs hosomaki αβοκάντο   3pcs hosomaki τόνο   2pcs nigiri με χέλι kabayaki   2pcs nigiri με μαριναρισμένο τόφου   30gr sashimi τόνου   30gr sashimi σολομού	28.00
<b>Nigiri platter</b> 2pcs salmon   2 pcs tuna   2pcs ebi   2 pcs avocado   2pcs hamachi <b>Πιατελα nigiri</b> 2pcs σολομός   2 pcs τόνος   2pcs γαρίδα ebi   2 pcs αβοκάντο   2pcs ιαπωνικό μαγιάτικο	20.00
<b>Sashimi platter</b>   45gr salmon   45gr tuna   45gr hamachi   45gr seabass <b>Πιατελα sashimi</b>   45gr σολομός   45gr τόνος   45gr ιαπωνικό μαγιάτικο   45gr λαυράκι	20.00

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